



Medications That Do Not Interfere with Allergy Skin Testing

The following medications listed below **DO NOT** interfere with skin testing and may be continued up until your allergy appointment. (This list is not all inclusive, but it does include some of the more common medications that our new patients may be taking.)

Decongestants: Sudafed ®, pseudoephedrine, phenylpropanolamine

Leukotriene Inhibitors: Singulair ®, Accolate ®, Zflo ®

Corticosteroids: prednisone, prednisolone, methylprednisolone, Medrol ®, Orapred ®

Corticosteroid Nose Sprays: Nasonex®, Nasacort AQ®, Omnaris®, fluticasone, Flonase®, Veramyst®
Rhinocort Aqua ®

Expectorants: Mucinex ®, guaifenesin

Cough suppressants: Delsym ®, dextromethorphan

Asthma inhalers and all nebulized asthma medications: all are OK – please do not stop them for testing

Reflux medications: Protonix ®, Prevacid ®, Aciphex ®, Nexium ® , Prilosec ®, omeprazole

Other medications that do not affect skin testing include:

Antibiotics

Anticonvulsant medications

Arthritis medications

Birth control pills and female hormones

Cardiac medications

Cholesterol medications

Diabetes medications

Eye drops used for glaucoma, steroid eye drops

Thyroid medications

Most medications for hypertension (high blood pressure) including: Norvasc ®, amlodipine, Cardizem ®, diltiazem, felodipine, Cardene ®, nifedipine, Procardia ®, nisoldipine, Calan ®, Veralan ®, verapamil, Lotensin ®, benazepril, Atacand®, candesartan, Capoten ®, captopril, Vasotec®, enalapril, Monopril ®, fosinopril, Avapro ®, irbesartan, Cozaar ®, losartan, Benicar ®, olmesartan, Accupril ®, quinapril, Micardis ®, telmisartan, Diovan ®, valsartan. **If you are taking a BETA BLOCKER, please tell our receptionist when scheduling your appointment.**

Most medications for insomnia and depression including: Ambien, zolpedem, Lunesta, Xanax, alprazolam, Ativan, lorazepam, Valium, diazepam, Prozac, fluoxetine, Effexor, venlafaxine, Zoloft, sertraline, Celexa, citalopram, Lexapro, escitalopram, Wellbutrin, bupropion, Paxil, paroxetine, Cymbalta, duloxetine.