



Board Certified Specialists in Allergy, Asthma & Immunology

Appointment date: _____
Appointment Time: _____
Location: _____

Dear Patient:

Welcome to our practice. We are honored that you have chosen us as your healthcare provider. Our goal is to provide the highest quality care for all of our patients in a timely and respectful manner. Here is some information that will help make your first visit a little easier.

Enclosed with this letter are the following: (unless you are completing these forms on the patient portal)

1. **New patient information form**
2. **Directions to our locations**
3. **Records release form**

Please request that your records be sent to us prior to your visit from your primary care/pediatrician and/or specialists such as pulmonologist/ENT/dermatologist.

4. **Notice of Privacy Practices**
5. **Antihistamine Medications to Avoid and Medications that DO NOT interfere with testing**

Patients should discontinue ALL antihistamines at least seven days before coming for testing.
(If you are on beta-blockers, do not discontinue, we ask you to contact us regarding this medication)

Please bring all current medications or list of all current medication with dosage/frequency to your appointment.

Please bring your insurance card(s), a photo ID and any necessary referrals.

We want your visit to be a pleasant one! Plan to be in our office for 2-3 hours if you are undergoing allergy testing. All treatment is individualized, and therefore, we can only provide you with a time estimate. You may want to bring a book, electronic device (we have wi-fi at the Dowell Springs office) or if a child some toys.

If this appointment is not for a child we suggest that children not accompany you. Allergy testing requires the patient to be perfectly still and we have found that patients with children are unable to do this. Wearing clothes that allow easy access to the back, upper arms and thighs is advisable. We also advise patients to bring along a sweatshirt or zip-up fleece.

Because of the length of time we have set aside for you, we ask that you let us know at least 24 hours in advance if you are unable to keep this appointment.

We look forward to meeting you. Please do not hesitate to call us at 865-588-2753 if you have any questions prior to the visit. You may also visit our website at www.AllergySpecialistsofKnoxville.com.

Sangeetha M. Kodoth, M.D.