



Board Certified Specialists in Allergy, Asthma & Immunology

Appointment Date: _____
Appointment Time: _____
Location: _____

Dear

Welcome to our practice. We are honored that you have chosen us as your healthcare provider. Our goal is to provide the highest quality care for all of our patients in a timely and respectful manner. Here is some information that will help make your first visit a little easier.

IF YOU DO NOT COMPLETE THESE FORMS ON THE PATIENT PORTAL YOU WILL NEED TO ARRIVE IN OUR OFFICE AT LEAST TWENTY (20) MINUTES PRIOR TO YOUR SCHEDULED APPOINTMENT TIME.

Enclosed with this letter are the following forms: (unless you are completing these forms on the patient portal)

- 1. New patient information form**
- 2. Directions to our locations**
- 3. Records Release Form-** If you have seen another physician regarding the reason for your visit, please use this form to request that your records be sent to us from your primary care/pediatrician and/or specialists (pulmonologist/ENT/dermatologist) prior to your visit or sign the form (do not list a physician office) and present it to the receptionist upon arrival. If you need multiple forms for multiple doctors, you may copy this form or print it from our website at www.AllergySpecialistsofKnoxville.com
- 4. Notice of Privacy Practices forms** (present a signed "Acknowledgment of Receipt of Privacy Practices" to the receptionist.)
- 5. Antihistamine Medications to AVOID for testing and Medications that DO NOT interfere with testing**

Patients should discontinue ALL antihistamines at least seven days before coming for testing.

(If you are on beta-blockers, DO NOT discontinue, we ask you to contact us regarding this medication)

Bring all current medications or list of all of current medications to your appointment.

Please bring your insurance card(s), a photo ID and any necessary referrals.

Please refrain from wearing any perfume or cologne to the office. These chemicals are very irritating to those who have allergies. Thank you for your cooperation & consideration!

We encourage you to call your insurance plan and verify your benefits and eligibility before your appointment.

We want your visit to be a pleasant one! Plan to be in our office for 2-3 hours if you are undergoing allergy testing. All treatment is individualized, and therefore, we can only provide you with a time estimate. You may want to bring a book, electronic device or if a child some toys.

If this appointment is not for a child we suggest that children not accompany you. Allergy testing requires the patient to be perfectly still and we have found that patients with children are unable to do this. Wearing clothes that allow easy access to the back, upper arms and thighs is advisable. We also advise patients to bring along a sweater or zip-up fleece.

Because of the length of time we have set aside for you, we ask that you let us know at least 24 hours in advance if you are unable to keep this appointment.

We look forward to meeting you. Please do not hesitate to call us at 865-588-2753 if you have any questions prior to the visit. You may also visit our website at www.AllergySpecialistsofKnoxville.com.

Sangeetha M. Kodoth, M.D.

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